

2022 - 2023 HEWES MIDDLE SCHOOL CROSS COUNTRY SCHEDULE

SEASON DATES 9/19 – 11/6

Thank you to Tustin Public Schools Foundation for providing Tustin Unified Middle Schools with the opportunity to offer after school sports. To ensure the continuing success of this program we ask for a donation (cash or check made to TPSF) in the amount of \$45 or any other monetary value. Thank you!

In order for students to participate in cross country **permission slips must be turned in to Ms. Roper on or before Thursday September 15th.** Permission slips are available through the Hewes website, the front office, or Ms. Roper.

General Info/ Times:

Practice begins the week of 9/19

Practices will be held M/T/Th 2:55-3:55

Scrimmages- 3:50 to approximately 5:00

City Finals at Yorba Regional Park- 8:30AM to approximately 12:30PM

Dino Dash at the Tustin Market Place – Sunday November 6th 8:20AM

TRANSPORTATION INFO:

Students must ride buses to scrimmage/ festival locations.

In the event that a parent wants to take their student home from a scrimmage: **THE PARENT MUST SIGN THE STUDENT OUT WITH THE COACH PRIOR TO LEAVING THE SITE!**

Students traveling to the city meet must ride the bus back to Hewes. Any student wishing to go home from the city meet instead of returning for the remainder of the school day *must still ride the bus back to Hewes* and then be signed out at the front office by their parent/guardian.

Students are responsible for their own transportation to the Dino Dash

SCRIMMAGE TIMES

Scrimmages- 3:50 to approximately 5:00

Races: 8th grade- 3:50; 7th grade- 4:10; 6th grade- 4:30 **Subject to change**

City Finals- 9:00 to approximately 12:30.

Dino Dash – race begins at 8:20

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Week 1 9/19 – 9/23	Practice M – T – Th 2:55 - 3:55 PM
Week 2 9/26 – 9/30	Practice M – T – Th 2:55 - 3:55 PM
Week 3 10/3 - 10/7	Practice Mon/ Tuesday Scrimmage #1- Thursday Oct. 6 th 3:40 PM – 5:10 PM OH, Hewes, Legacy and Sycamore @ Legacy Magnet Academy
Week 4 10/10 – 10/14	Practice Mon/ Tuesday Scrimmage #2 – Thursday Oct. 13 th 3:40 PM – 5:10 PM OH, Hewes, Utt @ Utt Middle School
Week 5 10/17 – 10/21	CONFERENCE WEEK NO PRACTICES OR SCRIMMAGES
Week 6 10/24 – 10/28	Practice M – T – Th 2:55 - 3:55 PM City Festival Information will come out this week

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Week 7 10/31 – 11/6	Practice Mon, Tues 2:55 - 3:55 PM Wed 11/2 9AM - 1PM City Finals @ Yorba Regional Park Sunday 11/6 8:20AM – Dino Dash @ Tustin Market Place
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