

# HIGH SCHOOL PROGRAMS @ FOOTHILL HIGH SCHOOL

## BASEBALL

Director: Chris Price – [cprice@tustin.k12.ca.us](mailto:cprice@tustin.k12.ca.us)  
Dates: Mini-camp: June 13 – June 17  
Games & Weights will run June 13-August 5  
Location: 9-11am, Baseball Fields (camp) + Games & Weights  
Incoming & Returning Players  
\$275  
Website: [www.knightsbaseball.com](http://www.knightsbaseball.com)

## BOYS BASKETBALL

Director: Yousof Etemadi [yousof11@gmail.com](mailto:yousof11@gmail.com)  
Dates: June 13 – July 7  
Location: JV: 9-10:30am (M/W/F), Main Gym  
Frosh: 12:30-2 (M/W/F), Main Gym  
Varsity: 7:30-9am (M/W/F)/5-7pm (Tu/Th)/9-11 (Sat.)  
\$250

## GIRLS BASKETBALL

Director: Bill Seibert – [williamseibert@aol.com](mailto:williamseibert@aol.com)  
Dates: June 13 – July 7  
Location: 10:30-12:30 (Varsity), Main Gym  
4-6pm (JV & New Players), Event Center  
\$250

Games & Tournaments will be in addition to above camp times.

## CHEER

Director: Sabrina Cadwallader – [sabrinacadwallader@yahoo.com](mailto:sabrinacadwallader@yahoo.com)  
Date: June 23  
Times: 9-12am, Event Center  
Skills Camp Open to All High School Students  
\$25

## CO-ED CROSS COUNTRY

Director: Jose Miramontes [jmiramontes@tustin.k12.ca.us](mailto:jmiramontes@tustin.k12.ca.us)  
Dates: July 5-August 5  
Location: 8-10am, Foothill Track  
Open all levels from beginner to advanced.  
\$100

## DANCE

Director: Marissa Maizland – [coachmarissa@yahoo.com](mailto:coachmarissa@yahoo.com)  
Dates: June 7 – June 10  
Location: 8am-3pm, Event Center  
Skills Camp Open to All High School Students  
\$30

## FOOTBALL

Director: Doug Case – [dcfootball@yahoo.com](mailto:dcfootball@yahoo.com)  
Dates: June 13– July 23  
Times: 4-8pm, Turf Field  
\$200  
Website: <https://www.foothillfotball.org>

## BOYS LACROSSE

Director: Jon Fox – [coachfox@foothilllacrosse.org](mailto:coachfox@foothilllacrosse.org)  
Dates: TBA  
Location: TBA  
\$200

## BOYS SOCCER

Director: TBA - [TBA](#)  
Dates: TBA  
Location: TBA  
Cost TBA

## GIRLS SOCCER

Director: Steve Patterson – (714) 423-2684  
[steve17patterson@me.com](mailto:steve17patterson@me.com)  
Dates: Mini-camp (June 27-29) + Summer League (TBA)  
Location: 5:30-7pm, Barry Turner Field  
\$275  
\*Contact Coach Patterson for Summer League Games

## SOFTBALL

Director: Jeff Wright – [jwright@tustin.k12.ca.us](mailto:jwright@tustin.k12.ca.us)  
Dates: June 21 – June 23  
Location: 9-11am, Softball Fields  
\$25  
Website: <https://foothillsoftball.teamapp.com/>

## BOYS TENNIS

Director: Dennis Claus - [dfclaus@pacbell.net](mailto:dfclaus@pacbell.net)  
Dates: July 12 – August 11  
Location: 4-6pm, Tu/Th Only, Tennis Courts  
\$250  
Website <https://www.facebook.com/FoothillHighSchoolTennis/>

## TRACK & FIELD

Director: EJ Phifer - [ephifer@tustin.k12.ca.us](mailto:ephifer@tustin.k12.ca.us)  
Dates: June 13 – August 12  
Location: 9-12, Foothill Track  
\$200

## BOYS VOLLEYBALL

Director: Chris Lee - [ocfusionvb@gmail.com](mailto:ocfusionvb@gmail.com)  
Dates: July 11 - July 14 & July 18 – July 21  
Location: 9-11:00am, Event Center  
Incoming & Returning Players  
\$150

## GIRLS VOLLEYBALL

Director: Randy Post – [surfman33@yahoo.com](mailto:surfman33@yahoo.com)  
Dates: July 18 – July 22 & July 25 – July 26  
Times: 12– 2pm – Returners  
2–4pm – Freshmen/Newcomers  
Location: Event Center  
\$150

## BOYS WATER POLO

Contact: Dean Crow – [dcrow@tustin.k12.ca.us](mailto:dcrow@tustin.k12.ca.us)  
Dates: June 13 – July 14  
Times: 3-5pm (M-Th), Delong Pool  
\$250  
Website <http://foothillaquatics.com/>

## GIRLS WATER POLO

Director: Paden Mitchell [padenm04@gmail.com](mailto:padenm04@gmail.com)  
Dates: June 13 – July 14  
Times: 6-8am (M-Th), Delong Pool  
\$250  
Website <http://foothillaquatics.com/>

## BOYS WRESTLING

Director: Jason Marroquin – [marroquin.jason.l@gmail.com](mailto:marroquin.jason.l@gmail.com)  
Dates: 6/27-7/8  
Location: 5-6:30pm, Wrestling Room  
\$100

### SPORTS NOT RUNNING HS SUMMER @ FHS

Sport/Head Coach (Contact Head Coach for Sport information)

Boys/Girls Golf: Brian Tomczak – [Abtmk@aol.com](mailto:Abtmk@aol.com)

Boys/Girls Swim: Contact: Dean Crow – [dcrow@tustin.k12.ca.us](mailto:dcrow@tustin.k12.ca.us)

Girls Lacrosse: Cristina Johnson – [ceej814@gmail.com](mailto:ceej814@gmail.com)

Girls Tennis: Marla Moso – [marlamoso@cox.net](mailto:marlamoso@cox.net)

Girls Wrestling: Beth Milkovich – [bmilkovich@tustin.k12.ca.us](mailto:bmilkovich@tustin.k12.ca.us)

UPDATED – APRIL 21, 2022

**ALL REGISTRATIONS MUST BE DONE ON [myschoolbucks.com](https://myschoolbucks.com) BY SPORT**

For info on tryouts for athletic teams, please visit the FHS website at [www.tustin.k12.ca.us/foothill](http://www.tustin.k12.ca.us/foothill) (under athletics)

## SWIM LESSONS

Three two-week sessions (9 lessons per session)

Dates: Monday – Friday  
June 6 – June 16  
June 20 – June 30  
July 5 – July 15  
Times: 9:00 AM – 2:00 PM

## SWIMMING COURSE

1. PRIVATE LESSONS = \$150
  - A. Subject to availability
  - B. Approximate Ages: 4 & under
2. TINY TOT (25 minutes) 2-on-1 = \$150
  - A. Prerequisites: None
  - B. Approximate Ages: 4 & under
  - C. Class Objectives: Water adjustment, basic swimming and floating skills
3. BEGINNING (25 minutes) \$100 (small group)
  - A. Prerequisites: Should be adjusted to water and able to swim to the side of pool from a distance of about 10 ft.
  - B. Approximate Ages: 4-6
  - C. Class Objectives: Basic Swimming and floating skills
4. ADVANCED BEGINNING (25 minutes) \$100
  - A. Prerequisites: Successful completion of Beginner course and/or able to swim one length of the pool (25 yards)
  - B. Approximate Ages: 6-8
  - C. Class Objectives: Improvement of earlier skills, plus diving, elementary backstroke, personal safety, other skills
4. INTERMEDIATE (50 minute) \$125
  - A. Prerequisites: Successful completion of Advanced Beginner course and/or able to dive, perform the elementary backstroke, and swim several laps of the pool
  - B. Approximate Ages: 8-10
  - C. Class Objectives: Improvement of earlier skills, breaststroke, sidestroke, other skills
6. ADVANCED SWIMMER (50 minute) \$125
  - A. Prerequisites: Successful completion of Intermediate course and/or able to perform elementary backstroke, breast-stroke, sidestroke and able to swim at least 10 laps of the pool per lesson
  - B. Approximate Ages: 10-up
  - C. Class Objectives: Improvement of earlier skills, increase endurance, backstroke, elaboration of personal safety, other skills

## YOUTH CAMPS

### SPLASH BALL

Dates: 3 sessions (same as swim sessions)  
Times: 12-12:50 or 1-1:50  
Learn the basic skills of water polo in a fun new way. Float vests are available for new swimmers. Players must be able to swim across the pool and back. No experience necessary.  
\$100 per session

### GIRLS VOLLEYBALL (6<sup>TH</sup>-8<sup>TH</sup>)

Dates: July 22<sup>nd</sup> – July 30<sup>th</sup>  
Time/Place: 2:30-4pm; Event Center  
\$100

### BASKETBALL (6<sup>TH</sup>-8<sup>TH</sup>)

Dates: June 11<sup>th</sup> – June 15<sup>th</sup>  
Time/Place: TBA  
\$100

### GIRLS SOCCER (7<sup>TH</sup>-8<sup>TH</sup>)

Dates: June 27 – June 29  
Time/Place: 4-5:30, Barry Turner Field  
\$75

### GIRLS SOCCER (1<sup>ST</sup>-6<sup>TH</sup>)

Dates: July 11 – July 14  
Time/Place: 9am-3pm, Barry Turner Field  
\$250

## GENERAL INFORMATION

### General Summer Rec Info

[tustin.k12.ca.us/foothillhs](http://tustin.k12.ca.us/foothillhs) (under Athletics)

### Summer Recreation Director

Vince Namba – [vnamba@tustin.k12.ca.us](mailto:vnamba@tustin.k12.ca.us)

### Summer Swim Director

Meagan Brumm – [meaganbrumm@gmail.com](mailto:meaganbrumm@gmail.com)

*Participation in Athletic Team Camps is not a requirement or mandatory for participation within the High School Sports Program. No student will be denied entrance to an Athletic Camp due to financial hardship. (See coaches)*

## TUSTIN UNIFIED SCHOOL DISTRICT SUMMER RECREATION PROGRAM



## REGISTRATION FOR PROGRAMS @ FOOTHILL HIGH:

**In person: Front steps of the FHS Administration building on:**

- Saturday, May 21 from 9:00 AM to 12 Noon
- Saturday, June 4 from 9:00 AM to 12 Noon

### What you need to know about these dates:

- You will be signing up via a specially-set up iPad
- Have credit card/check/cash available (credit card will not be subjected to extra fee in person)
- You will need your insurance information to input
- Lines will likely be long; the process may take a while
- **Non-swim registrants are encouraged to do it online**

**ALL REGISTRATION WILL BE DONE DIGITALLY.**

**NON-SWIM REGISTRATION SHOULD BE DONE AT HOME**  
(subject to a 4.95% fee by the website – [myschoolbucks.com](http://myschoolbucks.com))

**REGISTRATION BEGINNING ON JUNE 6<sup>th</sup> WILL BE  
DONE ON THE POOL DECK DURING REGULAR  
SWIM LESSON HOURS.**

**NO REFUNDS WILL BE GIVEN ONCE  
THE SESSIONS HAVE BEGUN**